

1/30/2003

BCup6-10km-38.2mpk

1:16 PM

## J1/OJ/SR/MA Women & Men 10km Free Technique

**Measured Length** 9986 m      **Height Difference (HD):** 115 m

**High Point** 328 m      **Total Climb (TC):** 381 m

**Low Point** 213 m      **Maximum Climb (MC):** 50 m

**FIS Spec Ranges:** HD:150m, MC:80m, TC min:250m/TC max:420m

**Climb per km:** 38.2m - FIS range climb/km: 25.0m - 42.0m

