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## ASAA Girls 5km Classic Technique

*Measured Length* 5066 m      *Height Difference (HD):* 73 m

*High Point* 328 m      *Total Climb (TC):* 168 m

*Low Point* 255 m      *Maximum Climb (MC):* 42 m

**FIS Spec Ranges:** HD:100m, MC:50m, TC min:150m/TC max:210m

**Climb per km:** 33.1m - FIS range climb/km: 30.0m - 42.0m

