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1:20 PM

Men's & Women's 10km Free Technique

Measured Length 10098 m **Height Difference (HD):** 86 m

High Point 328 m **Total Climb (TC):** 323 m

Low Point 241 m **Maximum Climb (MC):** 42 m

FIS Spec Ranges: HD:150m, MC:80m, TC min:250m/TC max:420m

Climb per km: 32.0m - FIS range climb/km: 25.0m - 42.0m

