



Chest Medicine Fairbanks Distance Series #3

Prizes provided by Raven Cross Country

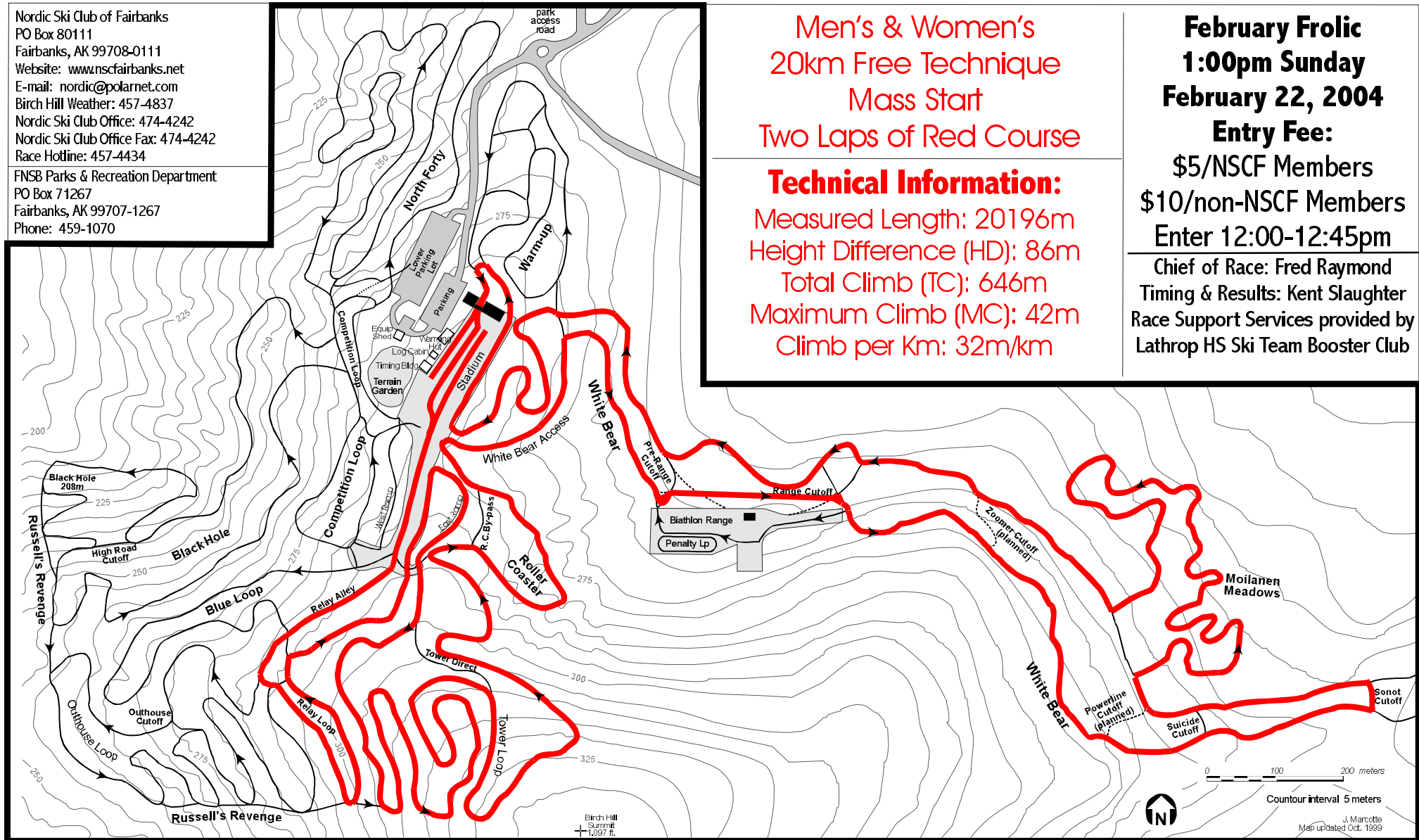
Organized by Nordic Ski Club of Fairbanks

Jim Whisenant Cross Country Ski Trails at Birch Hill Park Recreation Area



Nordic Ski Club of Fairbanks
 PO Box 80111
 Fairbanks, AK 99708-0111
 Website: www.nscfairbanks.net
 E-mail: nordic@polarnet.com
 Birch Hill Weather: 457-4837
 Nordic Ski Club Office: 474-4242
 Nordic Ski Club Office Fax: 474-4242
 Race Hotline: 457-4434

FNSB Parks & Recreation Department
 PO Box 71267
 Fairbanks, AK 99707-1267
 Phone: 459-1070



Men's & Women's
 20km Free Technique
 Mass Start
 Two Laps of Red Course

Technical Information:
 Measured Length: 20196m
 Height Difference (HD): 86m
 Total Climb (TC): 646m
 Maximum Climb (MC): 42m
 Climb per Km: 32m/km

February Frolic
1:00pm Sunday
February 22, 2004
Entry Fee:
 \$5/NSCF Members
 \$10/non-NSCF Members
 Enter 12:00-12:45pm
 Chief of Race: Fred Raymond
 Timing & Results: Kent Slaughter
 Race Support Services provided by
 Lathrop HS Ski Team Booster Club