



# Chest Medicine Fairbanks Distance Series #3

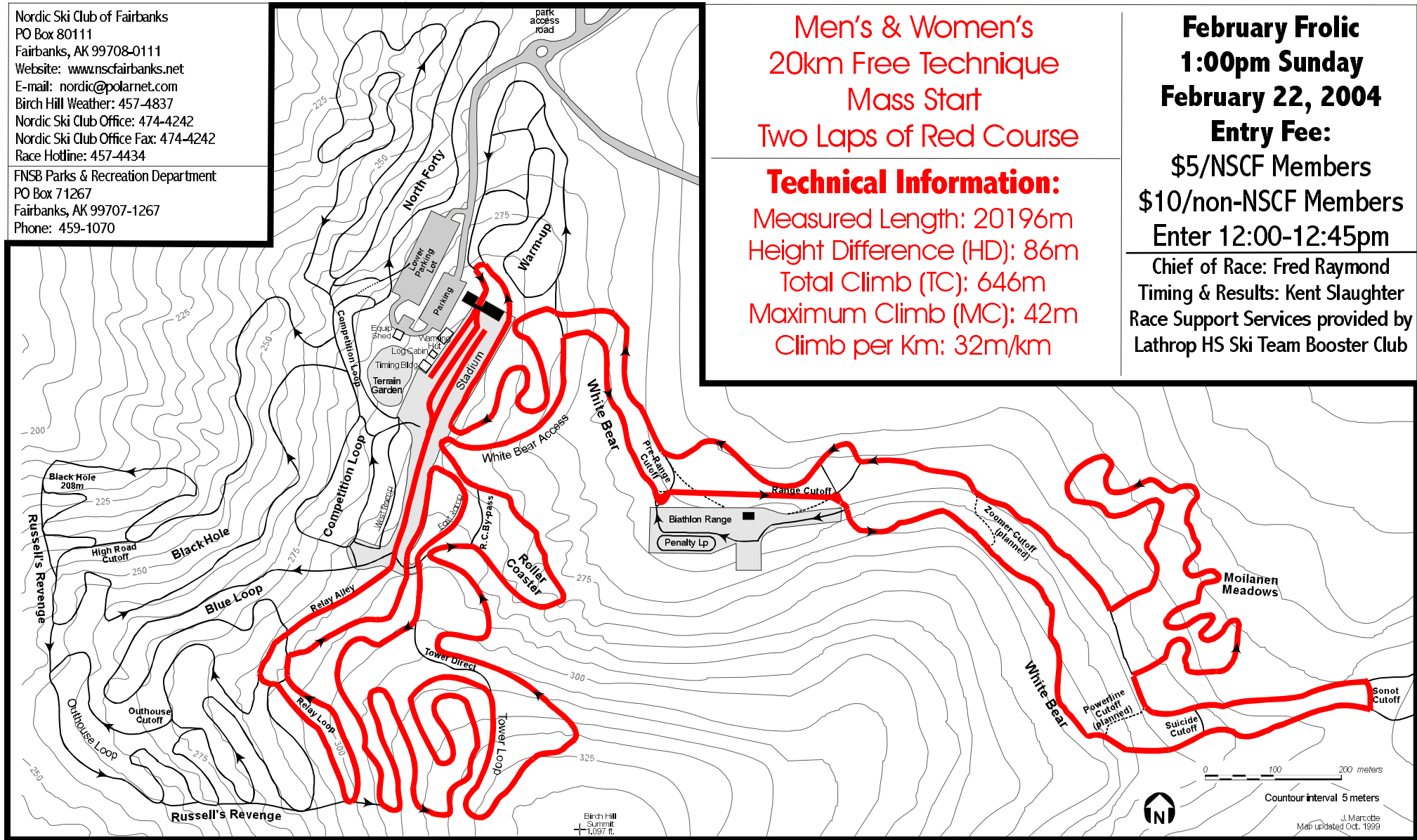
Prizes provided by Raven Cross Country

Organized by **Nordic Ski Club of Fairbanks**

Jim Whisenant Cross Country Ski Trails at Birch Hill Park Recreation Area



Nordic Ski Club of Fairbanks  
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 Fairbanks, AK 99708-0111  
 Website: [www.nscfairbanks.net](http://www.nscfairbanks.net)  
 E-mail: [nordic@polarnet.com](mailto:nordic@polarnet.com)  
 Birch Hill Weather: 457-4837  
 Nordic Ski Club Office: 474-4242  
 Nordic Ski Club Office Fax: 474-4242  
 Race Hotline: 457-4434  
 FNSB Parks & Recreation Department  
 PO Box 71267  
 Fairbanks, AK 99707-1267  
 Phone: 459-1070



Men's & Women's  
 20km Free Technique  
 Mass Start  
 Two Laps of Red Course

**Technical Information:**  
 Measured Length: 20196m  
 Height Difference (HD): 86m  
 Total Climb (TC): 646m  
 Maximum Climb (MC): 42m  
 Climb per Km: 32m/km

**February Frolic**  
**1:00pm Sunday**  
**February 22, 2004**

**Entry Fee:**  
 \$5/NSCF Members  
 \$10/non-NSCF Members  
 Enter 12:00-12:45pm

Chief of Race: Fred Raymond  
 Timing & Results: Kent Slaughter  
 Race Support Services provided by  
 Lathrop HS Ski Team Booster Club