

11/30/2003

reg6-04-02-13-10k-fr

12:01 AM

Region 6 Boys 10km Free Technique

Measured Length 9902 m **Height Difference (HD):** 115 m

High Point 328 m **Total Climb (TC):** 378 m

Low Point 213 m **Maximum Climb (MC):** 51 m

FIS Spec Ranges: HD:150m, MC:80m, TC min:250m/TC max:420m

Climb per km: 38.2m - FIS range climb/km: 25.0m - 42.0m

