

NorAm 03-11-08-05k-Fr

## Jr/Sr Women Skiathlon 5km Free Technique

**Measured Length** 5032 m      **Height Difference (HD):** 37 m

**High Point** 299 m      **Total Climb (TC):** 179 m

**Low Point** 263 m      **Maximum Climb (MC):** 31 m

**FIS Spec Ranges:** HD:100m, MC:50m, TC min:150m/TC max:210m

**Climb per km:** 35.6m - FIS range climb/km: 30.0m - 42.0m

