

HS & Adult Women 5km Classic Technique

Measured Length	5133 m	Height Difference (HD):	49 m
High Point	303 m	Total Climb (TC):	144 m
Low Point	254 m	Maximum Climb (MC):	29 m

FIS Spec Ranges: HD:100m, MC:50m, TC min:150m/TC max:210m

Climb per km: 28.1m - FIS range climb/km: 30.0m - 42.0m

