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trs1-07-11-17-050k

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## HS & Adult Women 5km Free Technique

**Measured Length** 5074 m      **Height Difference (HD):** 39 m

**High Point** 303 m      **Total Climb (TC):** 132 m

**Low Point** 264 m      **Maximum Climb (MC):** 31 m

**FIS Spec Ranges:** HD:100m, MC:50m, TC min:150m/TC max:210m

**Climb per km:** 26.1m - FIS range climb/km: 30.0m - 42.0m

