

HS & Adult Men 10km Classic Technique

Measured Length 9924 m **Height Difference (HD):** 83 m

High Point 328 m **Total Climb (TC):** 293 m

Low Point 245 m **Maximum Climb (MC):** 29 m

FIS Spec Ranges: HD:150m, MC:80m, TC min:250m/TC max:420m

Climb per km: 29.5m - FIS range climb/km: 25.0m - 42.0m

