

11/17/2008

trs1-08-11-22-050k-no outhouse

9:08 AM

## HS & Adult Women 5km Free Technique

**Measured Length** 5838 m      **Height Difference (HD):** 52 m

**High Point** 303 m      **Total Climb (TC):** 170 m

**Low Point** 251 m      **Maximum Climb (MC):** 31 m

**FIS Spec Ranges:** HD:100m, MC:50m, TC min:150m/TC max:210m

**Climb per km:** 29.2m - FIS range climb/km: 30.0m - 42.0m

