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## J1-OJ-SR-MA M 10km Classic Technique

**Measured Length** 10175 m

**Height Difference (HD):** 73 m

**High Point** 328 m

**Total Climb (TC):** 337 m

**Low Point** 255 m

**Maximum Climb (MC):** 42 m

**FIS Spec Ranges:** HD:150m, MC:80m, TC min:250m/TC max:400m

**Climb per km:** 33.1m - FIS range climb/km: 25.0m - 40.0m

