

2/6/2009

1:19 PM

High School Boys Relay 5km Free Technique

Measured Length	5032 m	Height Difference (HD):	37 m
High Point	299 m	Total Climb (TC):	179 m
Low Point	263 m	Maximum Climb (MC):	42 m

FIS Spec Ranges: HD:100m, MC:50m, TC min:150m/TC max:210m

Climb per km: 35.6m - FIS range climb/km: 30.0m - 42.0m

