

11/10/2009

trs1-09-11-21-02.0k

11:22 AM

## Grade 7-8 Girls and Boys 2km Free Technique

|                        |        |                                |      |
|------------------------|--------|--------------------------------|------|
| <b>Measured Length</b> | 1971 m | <b>Height Difference (HD):</b> | 18 m |
| <b>High Point</b>      | 299 m  | <b>Total Climb (TC):</b>       | 36 m |
| <b>Low Point</b>       | 282 m  | <b>Maximum Climb (MC):</b>     | 11 m |

**FIS Spec Ranges:** HD:30m, MC:60m, TC min:0m/TC max:60m

**Climb per km:** 18.3m - FIS range climb/km: 0.0m - 60.0m

