

**Flint Hills Resources  
Town Race Series #1  
Fairbanks Youth Sports Opener**  
Organized by  
**Nordic Ski Club of Fairbanks**  
Jim Whisenant Ski Trails  
Birch Hill Recreation Area  
Saturday, November 21, 2009

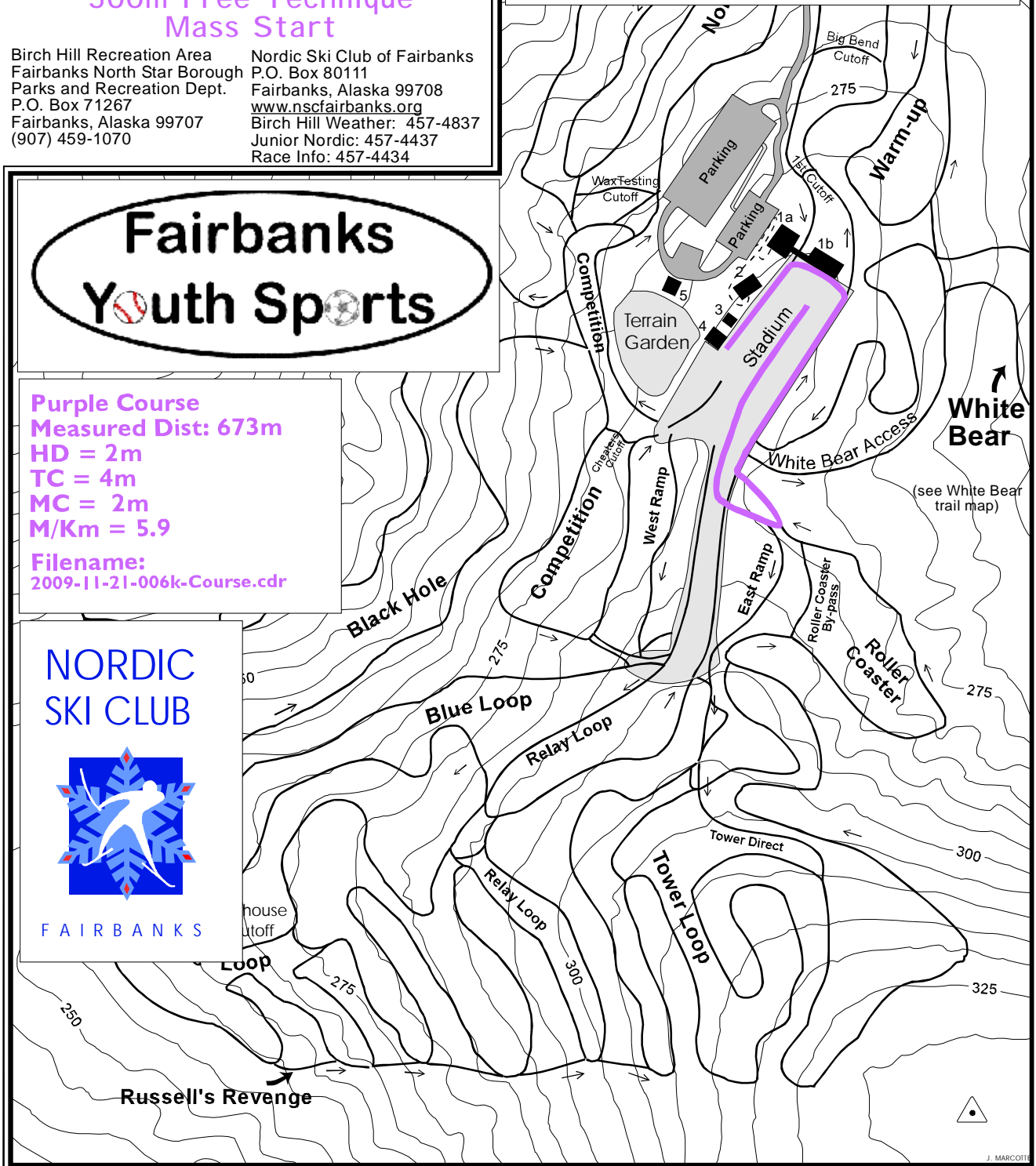
Grades K-1-2 Boys & Girls  
500m Free Technique  
Mass Start

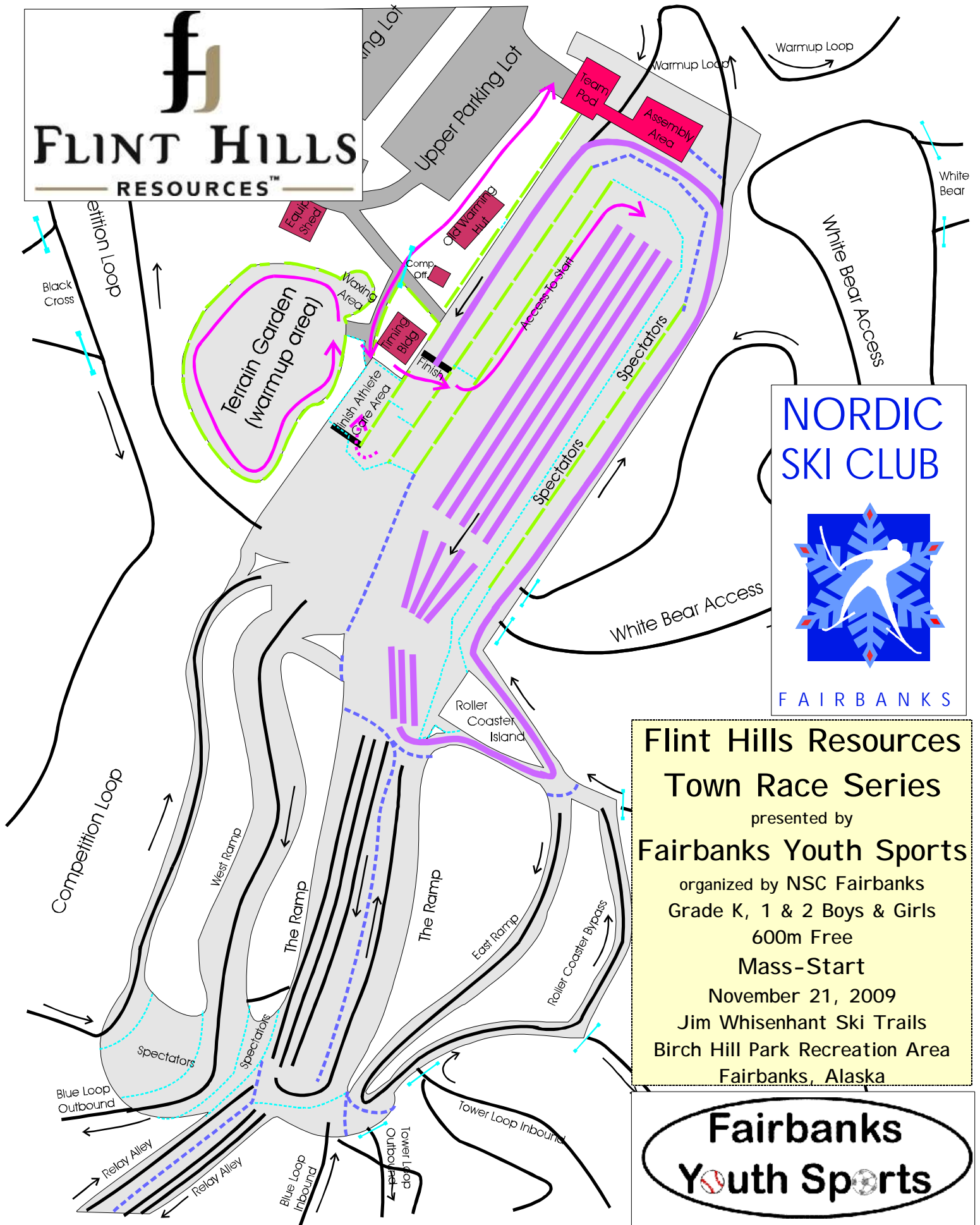
Birch Hill Recreation Area  
Fairbanks North Star Borough  
Parks and Recreation Dept.  
P.O. Box 71267  
Fairbanks, Alaska 99707  
(907) 459-1070

Nordic Ski Club of Fairbanks  
P.O. Box 80111  
Fairbanks, Alaska 99708  
[www.nscfairbanks.org](http://www.nscfairbanks.org)  
Birch Hill Weather: 457-4837  
Junior Nordic: 457-4437  
Race Info: 457-4434



**Purple Course**  
Measured Dist: 673m  
HD = 2m  
TC = 4m  
MC = 2m  
M/Km = 5.9  
**Filename:**  
2009-11-21-006k-Course.cdr





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**Flint Hills Resources  
Town Race Series**  
presented by  
**Fairbanks Youth Sports**  
organized by NSC Fairbanks  
Grade K, 1 & 2 Boys & Girls  
600m Free  
Mass-Start  
November 21, 2009  
Jim Whisenant Ski Trails  
Birch Hill Park Recreation Area  
Fairbanks, Alaska



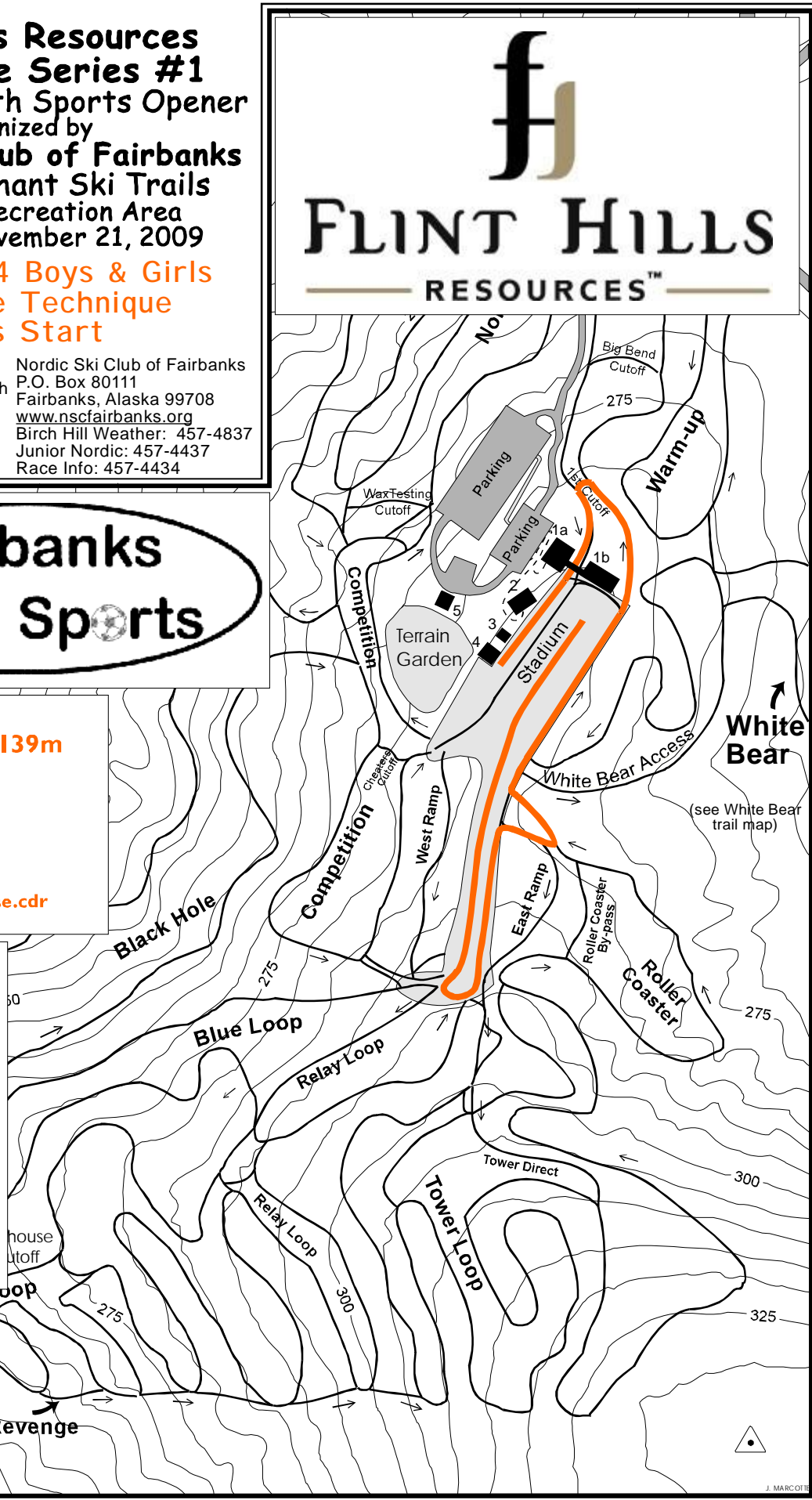
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Town Race Series #1**  
Fairbanks Youth Sports Opener  
Organized by  
**Nordic Ski Club of Fairbanks**  
Jim Whisenant Ski Trails  
Birch Hill Recreation Area  
Saturday, November 21, 2009  
Grade 3 & 4 Boys & Girls  
1km Free Technique  
Mass Start

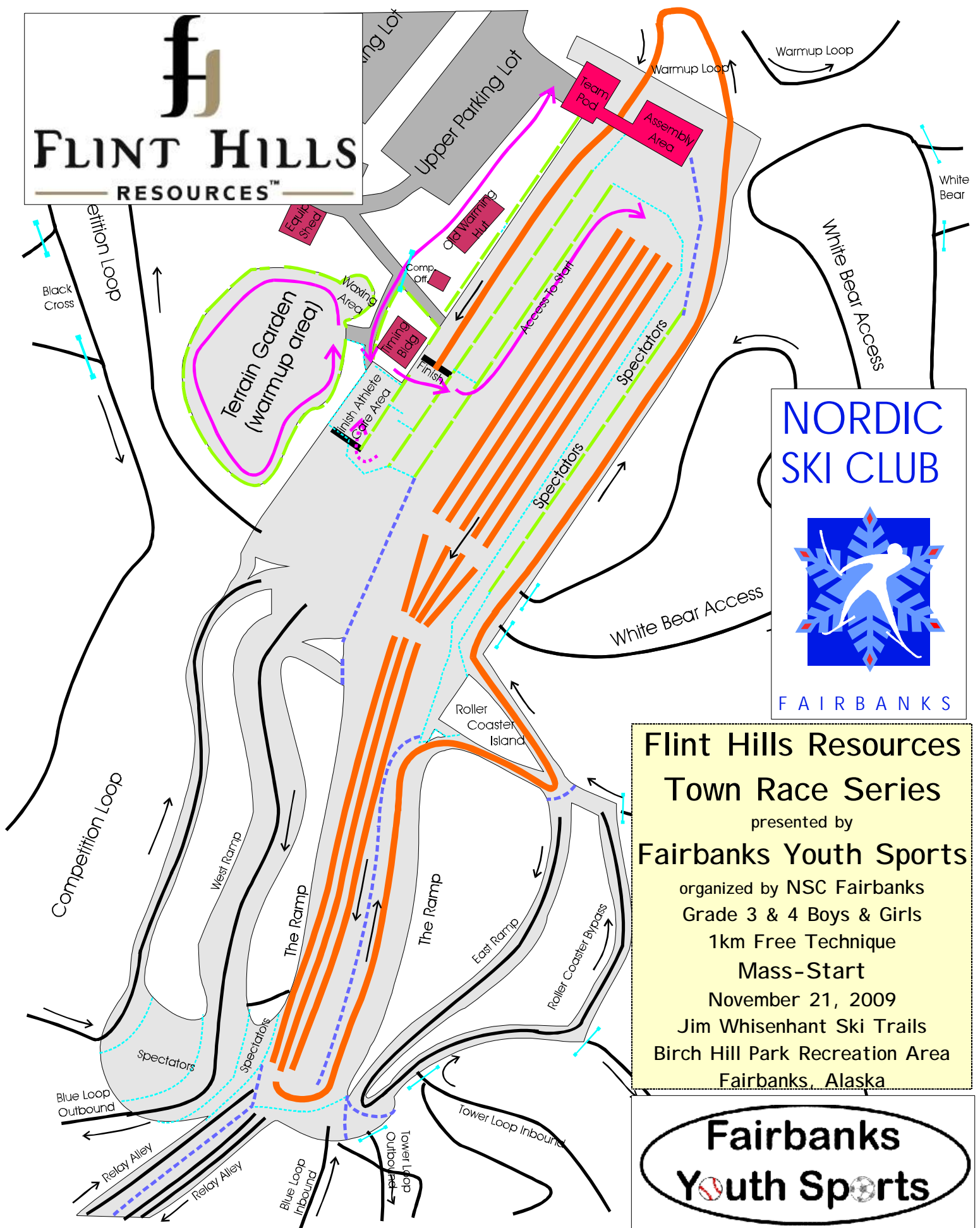
Birch Hill Recreation Area  
Fairbanks North Star Borough  
Parks and Recreation Dept.  
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Fairbanks, Alaska 99707  
(907) 459-1070

Nordic Ski Club of Fairbanks  
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Fairbanks, Alaska 99708  
[www.nscfairbanks.org](http://www.nscfairbanks.org)  
Birch Hill Weather: 457-4837  
Junior Nordic: 457-4437  
Race Info: 457-4434



**Orange Course**  
Measured Dist: 1139m  
HD = 14m  
TC = 16m  
MC = 10m  
M/Km = 13.6  
Filename:  
2009-11-21-010k-course.cdr





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presented by  
**Fairbanks Youth Sports**  
organized by NSC Fairbanks  
Grade 3 & 4 Boys & Girls  
1km Free Technique  
Mass-Start  
November 21, 2009  
Jim Whisenant Ski Trails  
Birch Hill Park Recreation Area  
Fairbanks, Alaska



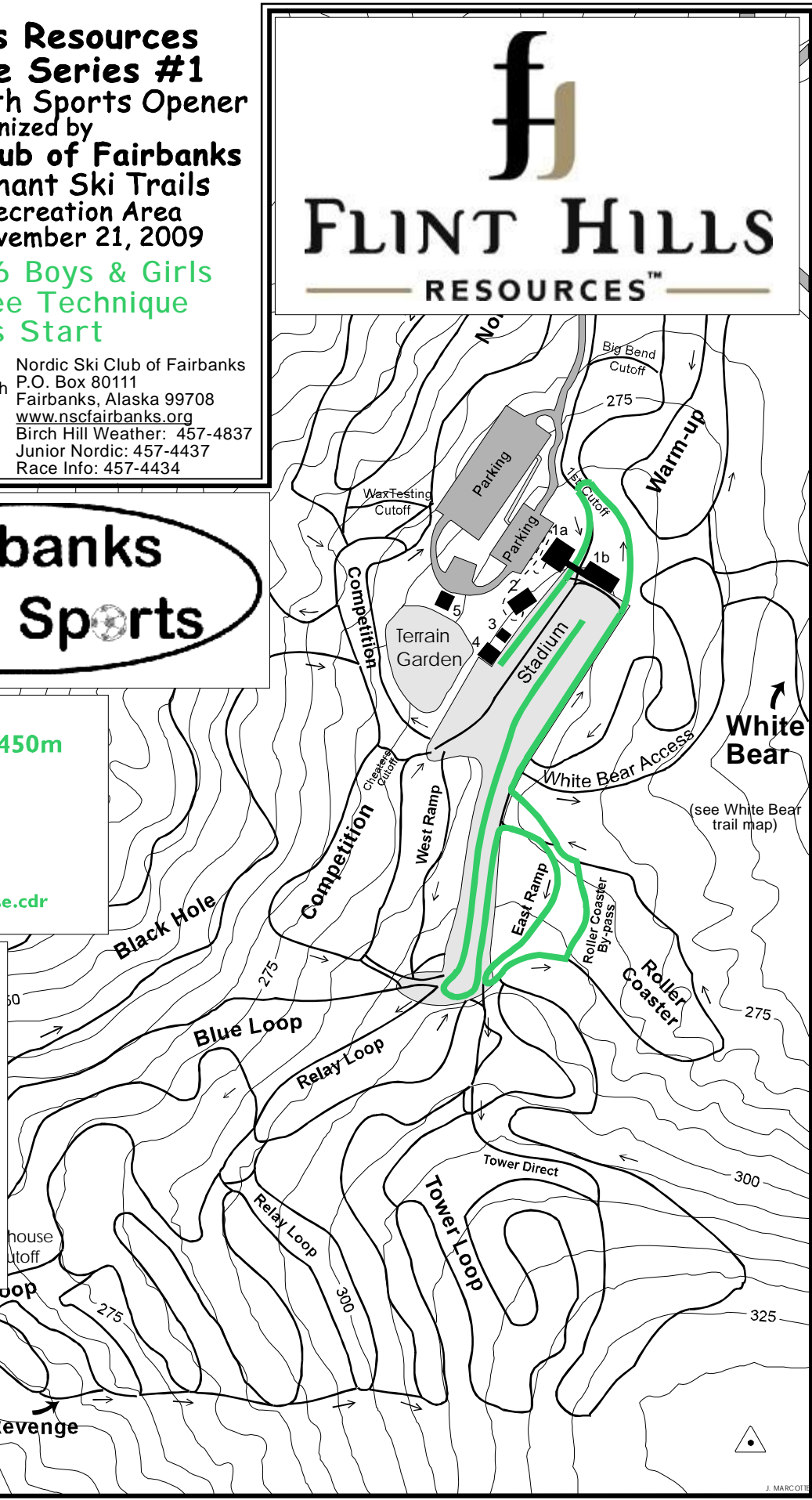
**Flint Hills Resources  
Town Race Series #1**  
Fairbanks Youth Sports Opener  
Organized by  
**Nordic Ski Club of Fairbanks**  
Jim Whisenant Ski Trails  
Birch Hill Recreation Area  
Saturday, November 21, 2009  
Grade 5 & 6 Boys & Girls  
1.5km Free Technique  
Mass Start

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Fairbanks North Star Borough  
Parks and Recreation Dept.  
P.O. Box 71267  
Fairbanks, Alaska 99707  
(907) 459-1070

Nordic Ski Club of Fairbanks  
P.O. Box 80111  
Fairbanks, Alaska 99708  
[www.nscfairbanks.org](http://www.nscfairbanks.org)  
Birch Hill Weather: 457-4837  
Junior Nordic: 457-4437  
Race Info: 457-4434



**Green Course**  
Measured Dist: 1450m  
HD = 14m  
TC = 25m  
MC = 10m  
M/Km = 17.5  
**Filename:**  
2009-11-21-015k-course.cdr





**Flint Hills Resources**  
**Town Race Series**  
presented by  
**Fairbanks Youth Sports**  
organized by NSC Fairbanks  
Grade 5 & 6 Boys & Girls  
1.5km Free Technique  
Mass-Start  
November 21, 2009  
Jim Whisenant Ski Trails  
Birch Hill Park Recreation Area  
Fairbanks, Alaska



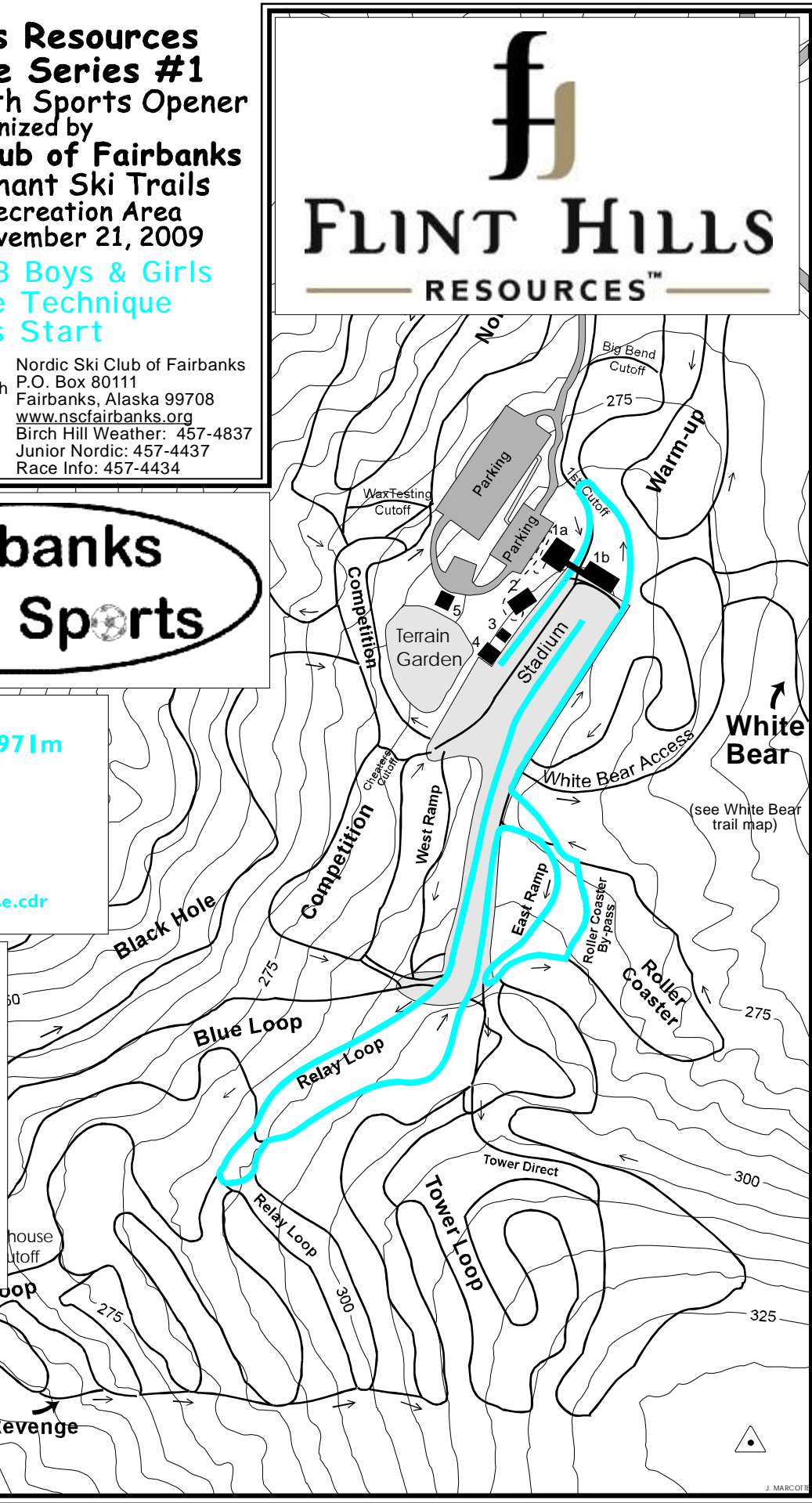
**Flint Hills Resources  
Town Race Series #1**  
Fairbanks Youth Sports Opener  
Organized by  
**Nordic Ski Club of Fairbanks**  
Jim Whisenant Ski Trails  
Birch Hill Recreation Area  
Saturday, November 21, 2009  
Grade 7 & 8 Boys & Girls  
2km Free Technique  
Mass Start

Birch Hill Recreation Area  
Fairbanks North Star Borough  
Parks and Recreation Dept.  
P.O. Box 71267  
Fairbanks, Alaska 99707  
(907) 459-1070

Nordic Ski Club of Fairbanks  
P.O. Box 80111  
Fairbanks, Alaska 99708  
[www.nscfairbanks.org](http://www.nscfairbanks.org)  
Birch Hill Weather: 457-4837  
Junior Nordic: 457-4437  
Race Info: 457-4434



**Blue Course**  
Measured Dist: 1971m  
HD = 18m  
TC = 36m  
MC = 11m  
M/Km = 18.3  
Filename:  
2009-11-21-020k-course.cdr





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**Flint Hills Resources  
Town Race Series #1**  
presented by  
**Fairbanks Youth Sports**  
organized by NSC Fairbanks  
Junior High Boys & Girls  
2km Free Technique  
Mass-Start  
November 21, 2009  
Jim Whisenant Ski Trails  
Birch Hill Park Rec. Area  
Fairbanks, Alaska



# Flint Hills Resources

## Town Series #1

**Fairbanks Youth Sports Opener**  
 organized by Nordic Ski Club Fairbanks  
**Saturday, November 21, 2009**

Jim Whisenant Ski Trails  
 Birch Hill Park Rec. Area, Fairbanks, Alaska

**HS & Adult Women**  
**5.0km Free Technique**  
**Mass-Start**  
**Red Course**

**Technical Information:**  
 Measured Length: 5838m  
 Height Difference (HD): 52m  
 Total Climb (TC): 170m  
 Maximum Climb (MC): 31m  
 Climb per Km: 29.2m/km

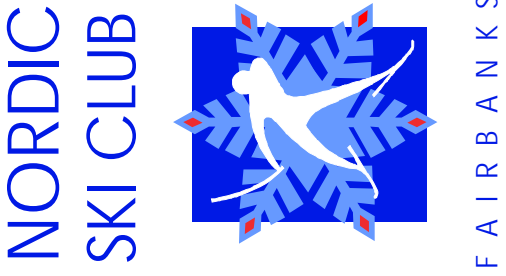
**Competition Committee:**  
 Chief of Competition: John Estle  
 Chief of Course: Tom Helmers  
 Chief of Stadium: Dave Murray,  
 Bob Wilkinson, Susan Faulkner  
 Chief of Timing: Carol Haas



**NORDIC SKI CLUB**  
  
 FAIRBANKS

**FLINT HILLS**  
 RESOURCES™  
**Fairbanks Youth Sports**

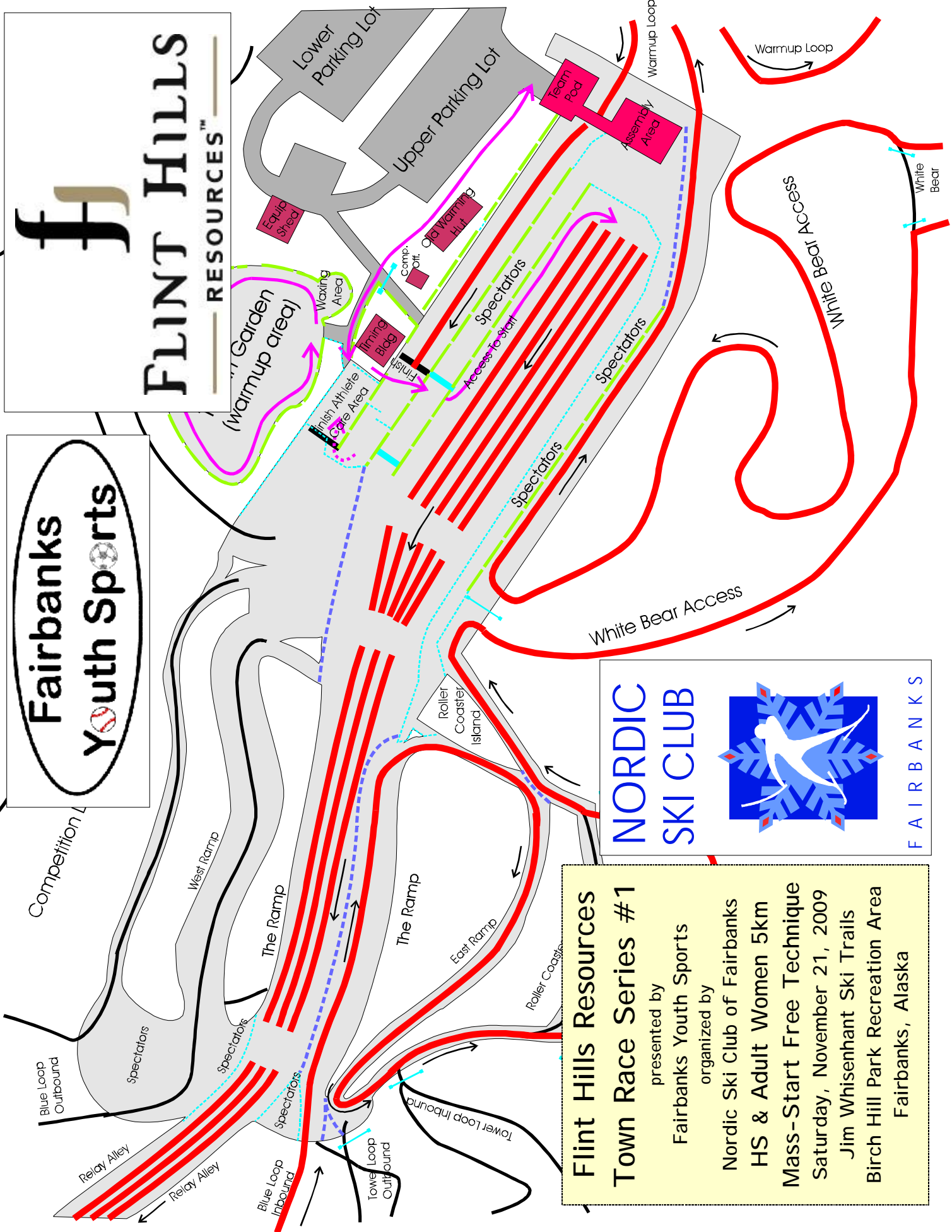
Nordic Ski Club of Fairbanks  
 PO Box 80111  
 Fairbanks, AK 99708  
 NSCF Office: 907-474-4242  
 NSCF Office Fax: 907-474-2073  
 Birch Hill Weather: 907-457-4837  
 Race Hotline: 907-457-4434  
 Junior Nordic Hotline: 907-457-4437  
 e-mail: [nordic@ptialaska.net](mailto:nordic@ptialaska.net)  
 web: [www.nscfairbanks.net](http://www.nscfairbanks.net)



**Flint Hills Resources  
Town Race Series #1**

presented by  
Fairbanks Youth Sports

organized by  
Nordic Ski Club of Fairbanks  
HS & Adult Women 5km  
Mass-Start Free Technique  
Saturday, November 21, 2009  
Jim Whisenant Ski Trails  
Birch Hill Park Recreation Area  
Fairbanks, Alaska



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**Fairbanks Youth Sports Opener**  
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**Saturday, November 21, 2009**

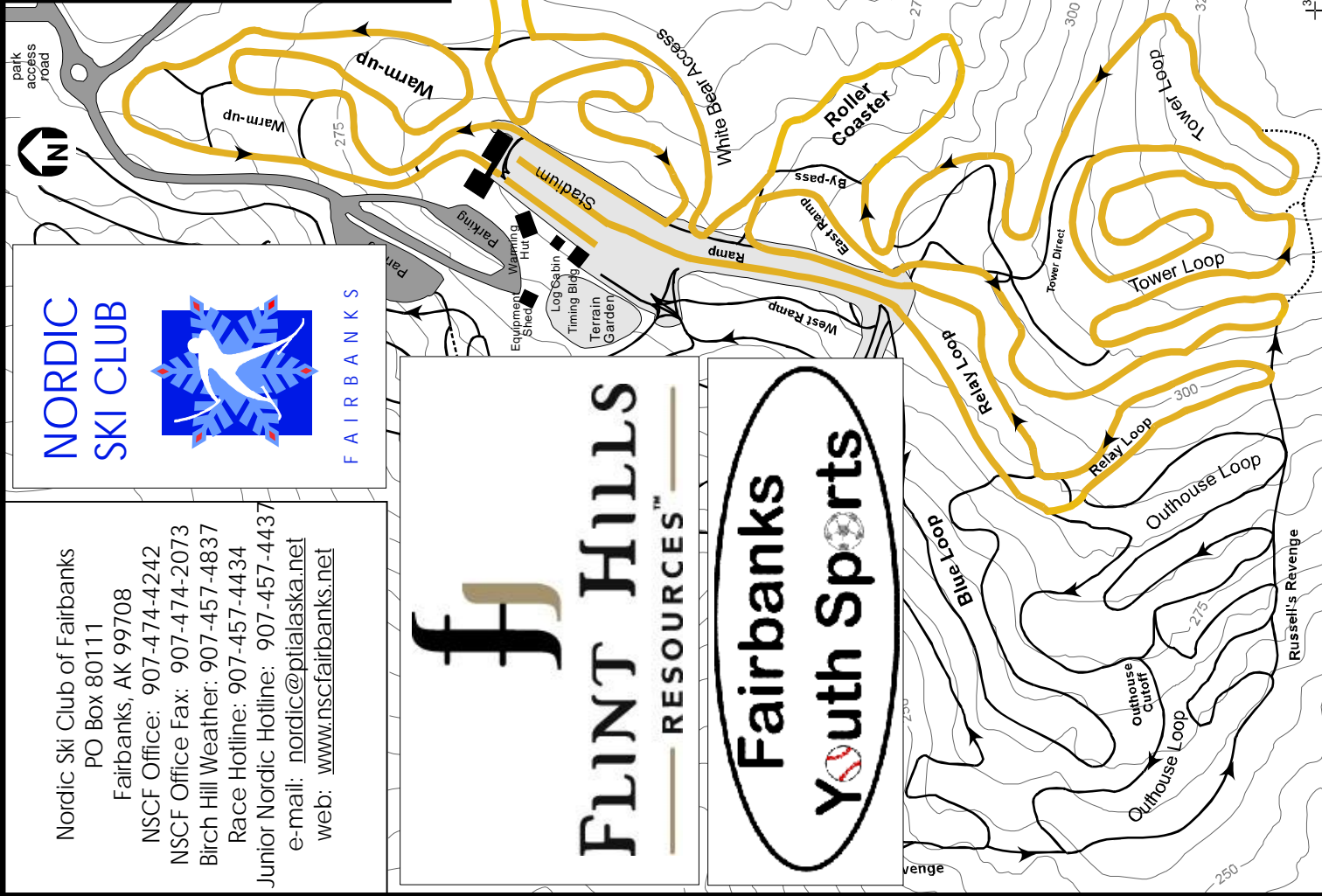
Jim Whisenant Ski Trails  
 Birch Hill Park Rec. Area, Fairbanks, Alaska

HS & Adult Men  
 7.5km Free Technique  
 Mass-Start  
 Gold Course

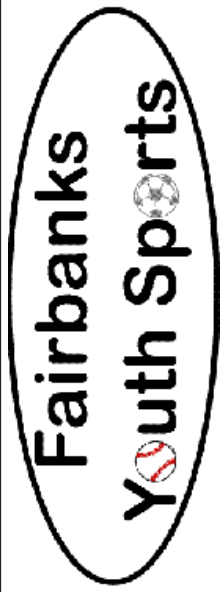
Technical Information:  
 Measured Length: 8140m  
 Height Difference (HD): 76m  
 Total Climb (TC): 239m  
 Maximum Climb (MC): 42m  
 Climb per Km: 29.3m/km

### Competition Committee:

- Chief of Competition: John Estle
- Chief of Course: Tom Helmers
- Chief of Stadium: Dave Murray
- Bob Wilkinson, Susan Faulkner
- Chief of Timing: Carol Haas



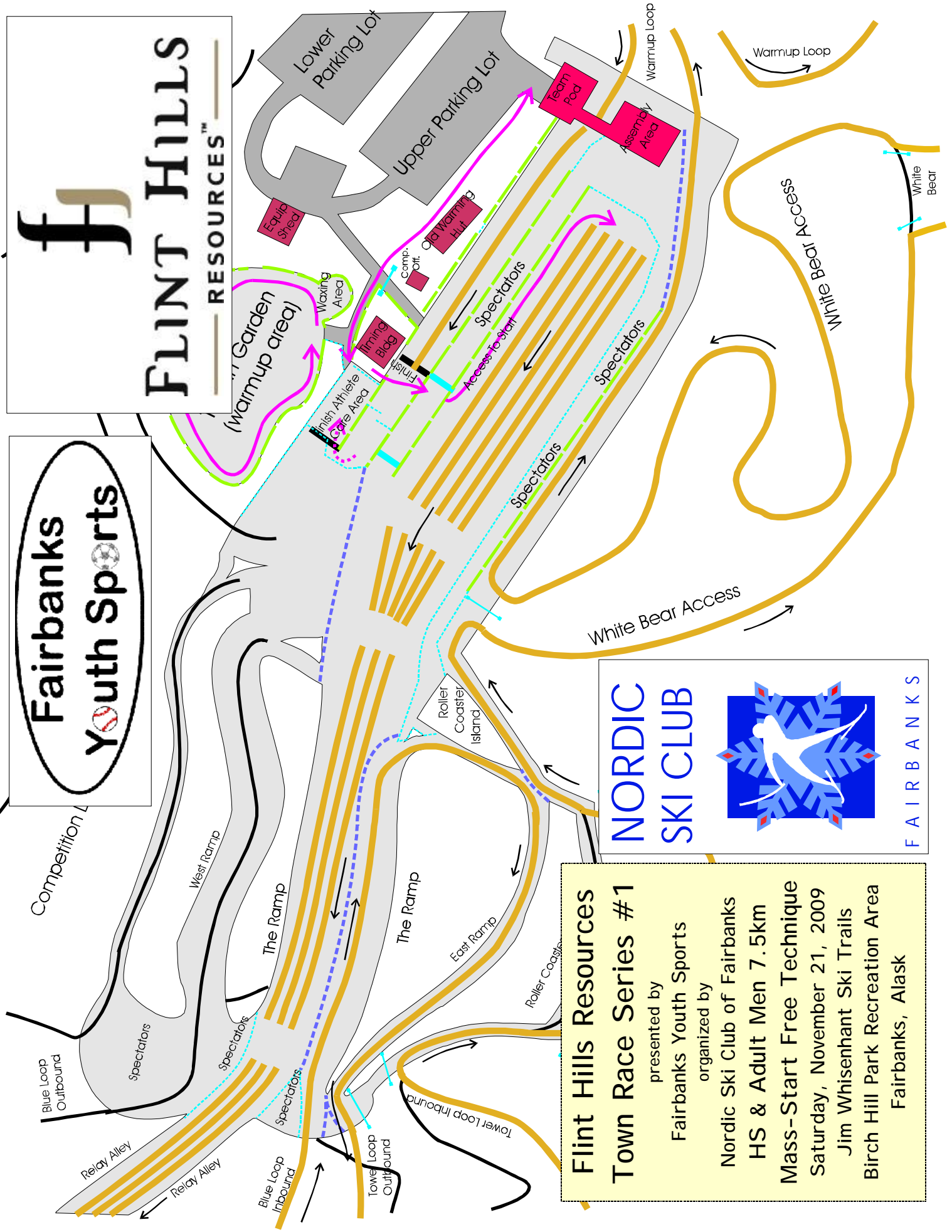
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 Fairbanks, AK 99708  
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 NSCF Office Fax: 907-474-2073  
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 Race Hotline: 907-457-4434  
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 e-mail: [nordic@ptialaska.net](mailto:nordic@ptialaska.net)  
 web: [www.nscfairbanks.net](http://www.nscfairbanks.net)



# FLINT HILLS

RESOURCES™

Fairbanks Youth Sports



NORDIC  
SKI CLUB



FAIRBANKS

**Flint Hills Resources  
Town Race Series #1**  
 presented by  
 Fairbanks Youth Sports  
 organized by  
 Nordic Ski Club of Fairbanks  
 HS & Adult Men 7.5km  
 Mass-Start Free Technique  
 Saturday, November 21, 2009  
 Jim Whisenant Ski Trails  
 Birch Hill Park Recreation Area  
 Fairbanks, Alaska