

2/1/2010

9:11 AM

J3 & J2 Boys & Girls 5km Classic Technique

Measured Length	5148 m	Height Difference (HD):	73 m
High Point	328 m	Total Climb (TC):	162 m
Low Point	254 m	Maximum Climb (MC):	54 m

FIS Spec Ranges: HD:100m, MC:50m, TC min:150m/TC max:210m

Climb per km: 31.4m - FIS range climb/km: 30.0m - 42.0m

