

NSC Fairbanks

14th Annual Flint Hills Resources Town Race Series

2009-2010 Season

Organized by Nordic Ski Club of Fairbanks

All Races Start at 11:00am - Elementary Classes may be cancelled at temperatures below -10F

	Event	Date	Technique	Format			Distances					
				K-6	7-8	HS/Adult	K-1-2	3-4	5-6	7-8	HS/ Ad F	HS/ Ad M
1	Fairbanks Youth Sports Season Opener/HS Invitational	November 21, 2009	Free	Mass	Mass	Mass	0.5	1.0	1.5	2.0	5.0	7.5
2	Fairbanks Youth Sports Classic Sprints	December 5, 2009	Classic	Mass	Sprint	Sprint	0.5	0.5	0.5	0.7	1.0	1.0
3	NSCF Classic	January 16, 2010	Classic	Mass	Interval	Interval	0.75	1.25	1.75	2.5	7.5	10.0
4	Auto Service Company SUBARU Trophy	January 30, 2010	Free or Cl+Fr	Mass/ Free	Mass/ Free	Skiathlon (Cl+Fr)	1.00	1.50	2.00	3.0	3.0+	4.0+

NOTE: Sprint Race will include Brackets for Open Class "A" and "B" Divisions and Masters Classes (if sufficient entries)

NOTE: Race of January 31, 2009, will be held in skiathlon format for HS and Adult Skiers: mass-start classic-change skis-skate

NOTE: Region 6 High School Skiers will be integrated with post-HS adult skiers in all races

For more information go to www.nscfairbanks.org or www.sportalaska.com