



2009-2010 TOWN RACE SERIES



November 21 - December 5 - January 16 - January 30

Jim Whisenant Ski Trails, Birch Hill Recreation Area, Fairbanks, Alaska

Required Personal Information-please print legibly-Be sure to sign risk waiver on reverse.

Last Name	First Name								
Street Address or PO Box Number									
City and State or Province	Zip + 4								
K 1 2 3 4 5 6 7 8 9 10 11 12 Grade in School -- please circle only one	School or University Team								
<table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="padding: 2px;">M</td><td style="padding: 2px;">F</td></tr> <tr><td style="padding: 2px;">(circle)</td></tr> <tr><td style="padding: 2px;">Sex</td></tr> </table>	M	F	(circle)	Sex	<table border="1" style="display: inline-table; border-collapse: collapse;"> <tr><td style="padding: 2px;">/</td><td style="padding: 2px;">/</td></tr> <tr><td style="padding: 2px;">m m / d d / y y</td></tr> <tr><td style="padding: 2px;">Date of Birth</td></tr> </table>	/	/	m m / d d / y y	Date of Birth
M	F								
(circle)									
Sex									
/	/								
m m / d d / y y									
Date of Birth									
Area Code & Phone									

- Each elementary, junior high, and high school competitor must fill out just one of these forms for the entire series
- Once a competitor has completed one of these forms, coaches, and club or program leaders will enter elementary, junior high, and high school competitors through their school on a team entry form.
- Entries for each race must be received not later than 5:00pm, on the Wednesday prior to that race. Make sure your school coordinator or coach enters you!
- No late entries permitted. No phone entries permitted.
- Please join the Nordic Ski Club of Fairbanks. Support the group that organizes these events and provides groomed trails at Birch Hill. Forms are available at the Birch Hill Warming Hut, at www.nscfairbanks.org, or via US Mail at PO Box 80111, Fairbanks, 99708-0111.

CONTRIBUTING SPONSORS:



NORDIC SKI CLUB OF FAIRBANKS -- TOWN RACE SERIES 2009-2010

Acknowledgment and Assumption of Risk and Release

Please read this risk waiver carefully before signing. Entry into Nordic Ski Club of Fairbanks (NSCF) Town Race Series events is permitted only for those competitors who have valid risk waivers signed by themselves and, where the competitor is under 18, signed also by their parent or guardian.

In consideration of the rights and privileges associated with participation in the NSCF Town Race Series cross country ski events held November 21 and December 5, 2008, and January 16, and January 30, 2010, and sponsored by the Nordic Ski Club of Fairbanks, I agree and acknowledge to be bound by the following:

- 1. Identification of Risks.** I understand that preparation for and participation cross country skiing, competitions ("the Activity") involves of risks of serious injury, including permanent disability, death, and other losses, both to me and my property. I understand that these injuries and losses might result not only from my actions, but from the actions, inaction, or negligence of others. Inherent dangers and risks include, for example, weather conditions such as wind and cold resulting in frostbite, existing and changing snow conditions, collisions with natural and man-made objects and other skiers, variation in terrain and the failure of skiers to ski within their own ability and physical fitness levels.
- 2. Assumption of the Risk.** I agree that I am responsible for my safety while participating in the Activity, and that such responsibility includes participating in the Activity only: a) when I am both physically and psychologically prepared to participate safely, b) after fully familiarizing myself with the venue before beginning the Activity, including the weather and snow conditions, race course layout and obstacles that a visual inspection would have revealed, and c) while using the equipment of a type and condition reasonably necessary to safely participate in the Activity. I assume all risks connected with responsibility for any injury or loss connected with my participation in the Activity.
- 3. Waiver.** Aware of the risks and willing to assume them, I hereby waive, release, and hold harmless the Nordic Ski Club of Fairbanks and the Fairbanks North Star Borough, and each of those organization's affiliates, subsidiaries, officers, directors, employees, agents, coaches, trainers, doctors, officials, event organizers or sponsors ("Released Parties") from all claims by me for any liability, injury, loss or damage in any way connected with my participation in the Activity, except where caused by gross negligence or willful or wanton misconduct of any of the Released Parties. I intend for this waiver and release to also apply to any relatives, personal representatives, heirs, beneficiaries, next of kin or assigns who might pursue any legal action or claim on my behalf.
- 4. Applicable Law.** This waiver and release informed under and is to be interpreted consistent with laws of the State of Alaska.
- 5. Insurance.** I currently have, and agree to maintain throughout the time that I participate, valid and sufficient medical and accident coverage. I understand that this is my sole responsibility and release all persons and entities from providing this coverage for me.

I HAVE READ CAREFULLY THIS WAIVER AND RELEASE, AND HAVING DONE SO I AM SIGNING IT VOLUNTARILY.

Date: _____ Competitor: _____
Signature

Competitor: _____
Printed Name

FOR ATHLETES OF MINORITY AGE

This is to certify that, as parent/guardian of this participant, I do consent to his/her agreement to be bound by each of the terms and conditions identified above.

Date: _____ Parent/Guardian: _____
Signature

Parent/Guardian: _____
Printed Name

Parent/Guardian: _____
Relationship